

"BETWEEN-US"

VOL. 27 ISSUE 5

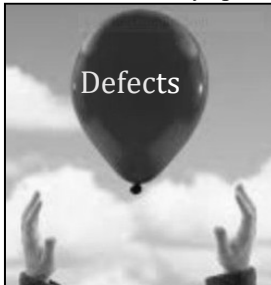
MAY 2019

FIFTH STEP PROVIDES RELEASE

Revealing my innermost secrets via the Fifth Step would have been terrifying in anticipation had my sponsor, Carl, gave me time for consideration. But thank God he followed the Big Book clear-cut directions on page 74 telling to start Step Five, "at the first opportunity." This turned to be, surprisingly, about five minutes after finishing up Step Four with him. This left *no time* to decide which of my seemingly unforgivable past activities to keep to myself. This suddenness left no time for irrational fear to cloud my ensuing admission of the exact nature of my many glaring defects.

Left off guard, so to speak, I had only to rely on my written Fourth Step information which was right in front of me; it couldn't be ignored or changed. In Step Five, my sponsor focused the light of truth onto the unrealized driving forces of **selfishness, dishonesty, resentment and fear**. Step Four had provided tools for me to 'face and be rid of' these grosser handicaps . . . but

("Release" Continued on page 9)



The smell of freedom

STEP FIVE: Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

I did my Fifth Step today. After I was done, it was recommended that I spend some quiet time alone reflecting on what I had just done, then proceed on with Steps Six and Seven if I felt ready.

When I got home, I went outside to my special place among some trees that I'm particularly fond of. There is a little bistro set where I can sit and meditate and enjoy the outdoors. It is my place of serenity.

I sat in the dark and talked to the God of my understanding. I admitted my wrongs and asked

God for forgiveness. I thought about my character defects, especially the ones that I use to comfort myself. I realized that safe in God's love, under his protection and care, I didn't need them anymore. I searched my heart for refusal to let go. I found none. I told God I didn't know how to live a life without my defects but I was willing to lay them down, willing to have them removed, and I asked him to remove

("Freedom" Continued on page 10)

	Oct '18 - Mar 19	Oct '17 - Mar 18	\$ Change
Ordinary Income/Expense			
Income			
4000 · Literature Sales	60,360.21	45,206.52	15,153.69
4050 · Between us	2,670.25	1,878.00	792.25
4070 · Contributions	37,258.22	39,362.18	-2,103.96
4080 · Gratitude boxes	23,944.75	25,102.26	-1,157.51
4090 · Open Meeting / Dinner	7,075.00	0.00	7,075.00
4100 · Memorials	700.00	0.00	700.00
4130 · Personal Contrib.	3,017.14	2,275.52	741.62
4150 · Other Income	1,623.00	1,929.43	-306.43
4170 · Interest Income	1,247.48	1,689.18	-441.70
4190 · Discrepancies	0.00	-0.14	0.14
4600 · Merchandise Sales	307.60	20,809.34	-20,501.74
4830 · Sales Discounts	59.99	60.00	-0.01
48900 · Shipping and Delivery Income	387.37	365.70	21.67
Total Income	138,651.01	138,677.99	-26.98
Cost of Goods Sold			
5000 · Literature	36,128.34	26,239.44	9,888.90
50000 · Cost of Goods Sold	300.25	9,842.49	-9,542.24
52900 · Purchases - Resale Items	49.86	81.63	-31.77
Total COGS	36,478.45	36,163.56	314.89
Gross Profit	102,172.56	102,514.43	-341.87
Expense			
51100 · Freight and Shipping Costs	395.94	1,051.93	-655.99
59900 · POS Inventory Adjustments	578.38	69.40	508.98
6000 · Advertising and Promotion	0.00	610.48	-610.48
6045 · Coffee/Soda/Candy Expense	357.32	599.67	-242.35
6050 · Credit card fees	1,371.00	841.60	529.40
6170 · Computer and Internet Expenses	0.00	1,329.89	-1,329.89
6200 · Conferences & conventions	84.94	20.00	64.94
6240 · Depreciation Expense	0.00	2,125.58	-2,125.58
6262 · Postage	0.00	3.04	-3.04
6330 · Insurance Expense	0.00	408.00	-408.00
6345 · Open Meeting/Dinner	3,692.90	4,801.52	-1,108.62
6500 · Office	21,719.74	18,545.80	3,173.94
6600 · Payroll	51,375.52	47,573.05	3,802.47
66900 · Reconciliation Discrepancies	6.99	-0.20	7.19
6700 · Professional Fees	1,000.00	1,145.00	-145.00
6800 · Printing	0.00	1,527.20	-1,527.20
69800 · Uncategorized Expenses	0.00	3,000.00	-3,000.00
Total Expense	80,582.73	83,651.96	-3,069.23
Net Ordinary Income	21,589.83	18,862.47	2,727.36
Other Income/Expense			
Other Expense			
Balancing Adjustments	0.00	8.00	-8.00
Total Other Expense	0.00	8.00	-8.00
Net Other Income	0.00	-8.00	8.00
Net Income	21,589.83	18,854.47	2,735.36

Account Balances:
 Checking: \$ 19,255.91
 Savings: \$ 52,983.94
 Prudent Reserve: \$163,805.25

What is the Prudent Reserve?

The A.A. guideline document produced by A.A. World Services, Inc., suggests a prudent reserve for a central office or intergroup be fixed somewhere between one and twelve months' operating expenses.

The prudent reserve is not available for everyday use. It is only meant for startup and twelve months of operating expenses, in an emergency situation.

Secretary Meeting, April 9, 2019

Groups represented 7, 15, 59, 100, A Vision For You, Badger Gp, Big Book and More, Big Book Readers, Butler Sun Night, Common Solution, Conscious Contact Discussion, Early Bird Roger's, Gratitude Plus, Keystone 12 Promises, Lake Area Thursday 10a.m., Mayfair Women's Monday, Mayflower, Monday Night Women's Waukesha, New Beginnings Oconomowoc, Real Needs Real Help, Sober Living Big Book Study, Sun Night Grapevine, Thinking Outside the Bottle, Trust Through Fellowship, Tue a.m. Big Book 12/12, Tuesday Night Grapevine, Wanderer's, WELL Big Book, Women's 164 Big Book Meeting. I'm sorry if I have missed anyone that was in attendance.

Nancy S. opened the meeting at 7:00 p.m. with a moment of silence followed by the Serenity Prayer.

Bank Balances on page two.

We have \$24,231.63 from the gratitude boxes. Boxes have not all been returned.

New secretaries introduced themselves, and made announcements.

ALL MEETINGS listed in our meeting directories should routinely contribute to the AA Service Entities; Milwaukee Central Office 50%, GSO in New York 30% and Area 75 Committee 10% and to your Districts 10%.

Renew Between-Us subscriptions now. \$9 yr. for 3 copies/mo. or \$18 yr. for 6 copies/mo. All subscription run through December.

NEW subscriptions welcome.

BIRTHDAY CLUB! We celebrate birthdays, and we'd like to help you celebrate yours! Send us a donation of \$1 for each year - or more if

you'd like - and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that too! Just fill in the form found on page 6 of this newsletter.

Volunteers are needed for the helpline, some overnight and some Saturdays (9-1 or 1-5). Also, some in-office hours available now. You need to have at least 1 year of sobriety, a Home Group and Sponsor. Call Nancy or Dan.

Guest Speaker: Wendy B, with the Deaf Access Committee. She explained the function and need for the committee. Talked about need for more donations from AA groups, and passed out some "Red Cans" to those who wanted them to take back to their groups.

Central Office Spring Thing is set for Saturday April 13, 2019

The meeting closed with the Lord's Prayer at 7:20 p.m.. Next meeting is Tuesday May 14, 2019 at 7 p.m. Next Board of Director's meeting is May 15, 2019 at 6:30 p.

Deaf Access Committee (DAC)

February 2019

Balance: \$4,809.71

Contributions: \$1,346.44

Interpreter : \$ 960.00

Awareness Event

Expenses: N/A

Donations: N/A

Annual Cost of interpreters

for 3 meetings a week @\$160

per meeting is \$24,960

Leslie P. with questions:

eclvr@wi.rr.com

ORIENTATION for GSR'S

Second Tuesday of each month, 6:30 p.m. prior to the secretary's meeting, at the Milwaukee Central Office. Call before you come 414-771-9119

DISTRICT MEETINGS

DISTRICT INFO ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPLEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 8 & 30 ROCK; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY 2nd Tue. 7:30 p. Feb. Apr. June. Aug. Oct. and Dec. only, Walworth Alano Club, 611 E. Walworth St., Delavan

7. KENOSHA CNTY 3rd Sun. of month, 4:00 p., Kenosha Alano Club, 630 56th St.

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets every 2nd & 4th Sunday 9 a.m. to 11 a.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

12. WASHINGTON CNTY 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY (1 of 3) 1st Sun. of month, 1:00 p., St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY (1 of 6) 4th Wed. of month, 7:00 p., Milwaukee Central Office 7429 W Greenfield Ave., P.O. Box 130111, Wauwatosa WI 53226

16. MILWAUKEE CNTY (1 of 6) 1st Wed. of month, 7:00 p., Milw. Central Office, 7429 W Greenfield Ave.

17. RACINE CNTY (1 of 2) 3rd Sun. of month, 1:00 p., Grove Club, 1037 Grove Ave., Racine

23. DODGE CNTY 1st Wed of month at 7:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY 3rd Tue. of month, 6:30 p., Peltz Center for Jewish Life, 2233 W Mequon Rd. Mequon

25. FOND du LAC CNTY 2nd Tue. of month, 6:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac

27. MILWAUKEE CNTY (1 of 6) 3rd Wednesday of month, 7:00 p.m. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee WI 53222

28. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Bay View United Methodist 2772 S Kinnickinnic Ave. Bay View, WI 53207

29. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. WAUKESHA CNTY (1 of 3) 4th Tuesday of month, 6:30 p, Bethlehem Evangelical Lutheran Church, 470 Oak Crest Dr., Wales WI.

34. WAUKESHA CNTY (1 of 3) 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls

36. RACINE/KENOSHA (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

38. MILWAUKEE CNTY (1 of 6) Last Sunday of month 4:30 p.m. All Saint Cathedral, 818 E Juneau Ave.

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214,

dan@aamilwaukee.com

2 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions."

Tradition Seven, Twelve Steps and Twelve Traditions,

Reprinted with permission AA World Services, Inc.



CORRECTIONAL INSTITUTIONS

TAYCHEEDAH CORRECTIONAL,
Meetings are held 1st, 2nd & 4th Tuesday and
on the 3rd Thursday at 5:45 -7:30 p.m., Glo-
ria K. (920) 921-2395

FEDERAL CORRECTIONAL INSTITUTION,
P.O. Box 1085 Oxford, No Meeting!

FEDERAL CORRECTIONAL Satellite
Camp, New Path Group, P. O. Box 1085
Oxford, WI. Meetings Wed. at 1:30 p.m.

OAK HILL AA GROUP, OAK HILL WCI
5212 Hwy M, P.O. Box 140 Oregon, WI
53575 Meetings Wednesday at 7:00 p.m.
and Sunday at 6:30 p.m. Contact: Rick B.
(608) 235-5154

THOMPSON FARM, RT. 2 DEERFIELD,
WI., Closed meeting Tuesday at 8:00
p.m. Contact: Tom Dickert, (608)764-5755

ROBERT ELLSWORTH CORRECTIONAL,
21425A Spring St., Union Grove, 53182 Call
for AA Meeting times: Contact Jennifer H.
262) 237-1294 or Cheryl P. (262) 914-3970.

KETTLE MORAIN CORR., Box 31,
W9071 Forrest Dr., Plymouth, AA Thr. at
6:00 p.m. Contact Mike L (920) 898-4782.

WAUPUN CORRECTIONAL INSTITUTION
AA Meeting Sat. , 8:00a.m.-9:30 a.m. Dale
C. 920-387-4229 after 5 p. clearance.

MILWAUKEE COUNTY HOUSE OF COR-
RECTION, 8885 S. 68th St. Franklin WI.

MILWAUKEE COUNTY JAIL 9th & State
Milwaukee WI.

MILWAUKEE SECURE DETENTION CEN-
TER, 1015 N. 10th St. Milwaukee

Milw Women's Correctional Ctr. 615 W
Keefe Ave. Milwaukee

FOX LAKE CORRECTIONAL, Box #147,
Fox Lake, WI 53933 Closed meetings Tue.
& Fri. from 6:00 -8:00 p.m.

JEFFERSON COUNTY JAIL 411 S. Center
St., Jefferson, WI, Mting. held on Mon. at 7:00
p.m., Contact: Scott N. 920-397-0170

RACINE CORRECTIONAL INSTITUTION
for MEN Mtngs: Sun. 8:30 AM, Dane Rx
Unit; Wed. 7:00 p. and two meetings on
Thursday at 7:00 p. English and Spanish.
Call Paul H. (262) 537-2884

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets at 6:30 p.m. on the 2nd Monday
every odd numbered month at All Saints Cathedral, 818 E. Juneau, Milwaukee, WI 53202.

Donations should be sent to: **MCCC, PO Box 270544, Milwaukee WI 53227-0544.** Call
coordinator: Kôtá at (262) 385-3443, email: mcccocoordinator@gmail.com w/

Corrections volunteers must go through the committee to get AA literature to take into the
various facilities. Milwaukee Central Office no longer handles the funds.

Area 75, Southern WI,
Calendar of Events 2019
Madison Senior Center
330 W. Mifflin St., Madison,
except where otherwise noted.
June 23, Summer Assembly and
Delegates Report.
Sept 8, Pre Conference Assem-
bly
Oct 18th - Sun Oct 20th Area 75
Conference & East Central Re-
gional Conference

- **Milwaukee Central Office:** 7429 W Greenfield Ave, West Allis, WI 53214
gmco@aamilwaukee.com
- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- **General Service Office:** G.S.O.
- P O Box 459, Grand Central Station, New York, N.Y. 10163
- **Area 75 Corrections, Bridging the Gap and Treatment write to:** PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- **Milwaukee Deaf Access Committee:**
www.milwdac.org; Email: MilwaukeeAreaDeafAccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours!
Send us a donation of **\$1 for each year of Sobriety-** or more if you
choose- and we'll print your birthday in the Between-Us Newsletter.
Include your Home Group, and we'll print that also!

All request must be by the 12th of the previous month.
Late arrivals will appear the following month.

Just fill in the form below and mail, with your donation, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____ .

Name _____

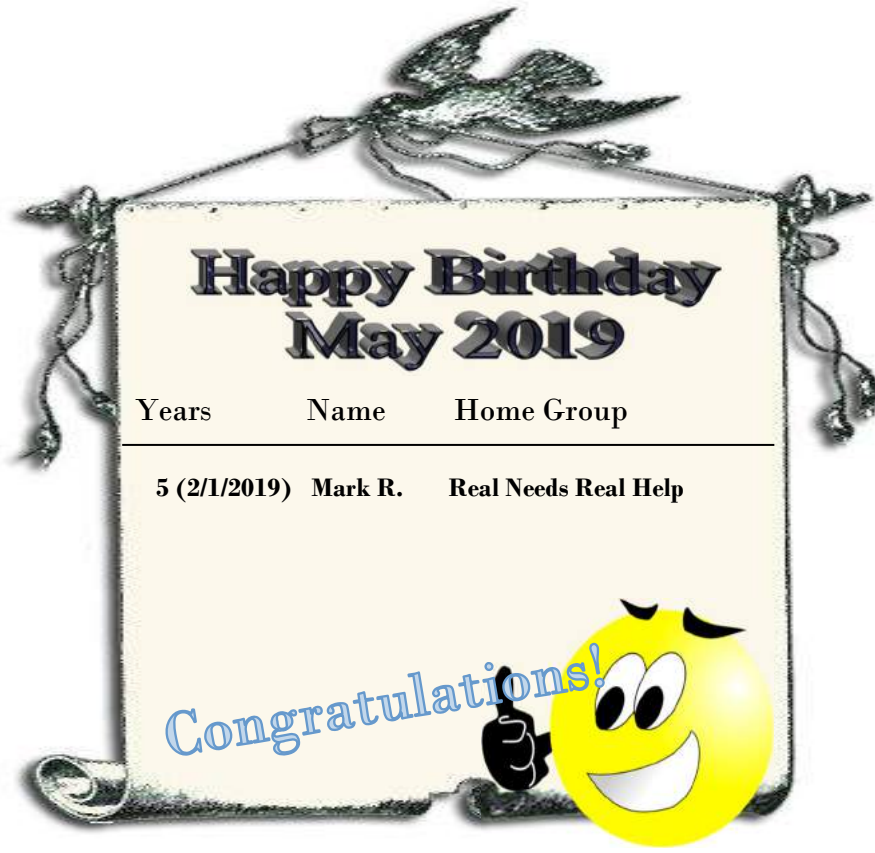
Address _____

City _____ State _____ Zip _____

Phone: () _____ - _____

Email: _____

Home Group: _____



Happy Birthday May 2019

Years	Name	Home Group
5 (2/1/2019)	Mark R.	Real Needs Real Help

Congratulations!



AA Groups Need Your Support

- **Sundays at 6 p.** Sense of Belonging Open AA, 11th Step prayer and Meditation, 4040 N Calhoun Rd. Brookfield WI 53005
- **Mondays at 7 p.** Group 29, St Catherine Church, 5101 W Center St, Milwaukee WI 53210
- **Tuesday 8:30 a.m.,** Home At Last, 6705 Northway, Greendale, WI (men and women welcome)
- **Wednesday 11 a.m.** Gp10-17, St Veronica's 353 E Norwich, Milwaukee 53207
- **Wednesday 6 p.m.** Women's Big Book, Martin Luther Church, 9235 W Bluemound Rd. Milw. 53226
- **Wednesday 8 p.m.** Menomonee Falls, Gloria Dei Church, W180N7863 Town Hall Rd. 53051
- **Thursday at 12:15 p.m. and**

- **Wednesday 5:30 p.m.** St. John's Cathedral Complex, 831 N. Van Buren St. Milwaukee 53202
- **Thursday 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave, 53213
- **Friday at 7 p.m.,** NCIC Gp 24, NCIC Church 2328 W Capitol Dr, Milwaukee WI 53206
- **Friday at 7 p.m.** First Things First, St Margaret Mary, 3930 N 92nd St. Milw 53222
- **Friday 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw. 53226
- **Friday 8 p.m.** Candlelight, St Anskar Episcopal, N48W31340 Hill Rd Hartland WI (Hwy's 16 & 83)
- **Saturday 11 a.m.** Big Book, St. Pius X Church, 2506 Wauwatosa Ave. Wauwatosa WI 53213

Registration
15th Annual Spring Retreat for Alcoholics Anonymous and Al-Anon Members
May 17 - 19, 2019

Name _____
Address _____
City/State/Zip _____
Phone (day) _____
(evening) _____
Email _____

Early arrival on Thursday, May 16 (+ \$50.00 per person)
I require first floor accommodations
I will share a room if necessary
I am including a donation to the scholarship fund: \$ _____
I am willing to be a speaker for: _____
AL-Anon _____ AA _____

If you need some assistance from the scholarship fund, please contact Br. Gerry at (262) 567-6900 Extension #17
Fees: \$200.00 per person. \$335.00 per married couple. (2 nights, 6 meals).
If payment by check, make payable to: Redemptorist Retreat Center

Credit card: _____ Discover _____ MC _____ Visa _____ AmExp _____
Card number: _____
Security code on back of card _____
Expiration: (mm/yy) _____ Amt: \$ _____
Signature as printed on credit card: _____
X _____
Mail to: Brother Gerry Pinn, C.Ss.R.
Redemptorist Retreat Center
1800 North Timber Trail Lane
Oconomowoc, WI 53066-4897



Optional arrival eve of Thursday, May 16th. Meal is not provided for Thursday evening. Additional overnight cost: \$50.00 per person

RETREAT SCHEDULE

Friday, May 17

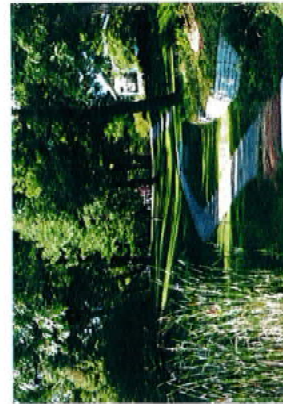
- 3 p.m. - 6 p.m. Arrival/Registration
- 6:00 p.m. Dinner/Dining Room
- 7:30 p.m. Welcome / 1st Step Meeting
- Liquor Room (upstairs)
- Al-Anon Speaker/AA Speaker

Saturday, May 18

- 7:30 a.m. Meditation in Chapel
- 8:00 a.m. Breakfast/Dining Room
- 9:00 a.m. Step 2 & 3
- 10:30 a.m. Al-Anon Speaker/AA Speaker
- Topic Meeting
- Al-Anon Speaker/AA Speaker
- Noon Meal/Dining Room
- Step 4 & 5
- Al-Anon Speaker/AA Speaker
- Topic Meeting
- Al-Anon Speaker/AA Speaker
- Mass/Chapel
- Dinner/Dining Room
- Steps 8 & 9
- Al-Anon Speaker/AA Speaker

Sunday, May 19

- 7:30 a.m. Meditation in Chapel
- 8:00 a.m. Continental Breakfast/Dining Room
- 9:00 a.m. Topic Meeting
- Al-Anon Speaker/AA Speaker
- Branch/Dining Room
- Step 12
- Al-Anon Speaker/AA Speaker
- Checkout by 1:00 p.m.



15th Annual Spring Retreat For Members of Alcoholics Anonymous and Al-Anon

May 17 - 19, 2019

Sponsored by

The Redemptorist Retreat Center, The
Flech Foundation of Brookfield, WI,

and
Friends of the
Retreat Center



Redemptorist Retreat Center
1800 North Timber Trail Lane
Oconomowoc, WI 53066-4897
262-567-6900 Fax: 262-567-0134
www.redemptoristretreat.org
rrc@redemptoristretreat.org

(“Release” Continued from page 1)

still, countless other destructive little demons, of the grosser variety, lurked in some dark dank space deep inside my subconscious mind just raring to take over, per usual. When the listed “Harms to others” and “sexual conduct” items were exposed, he had me include them on my Eighth Step as they were being discussed.

We discussed and utilized the Step Four tools to *face and be rid of* the repeated emotions of anger (resentments) that had been plaguing me for years (p. 67). We also prayed for God to show me what I should do in each of these specific matters (p. 69). Where previously, I had found only a *temporary relief*, I have now found a tool that provides a permanent *release* from these deadly ingredients of mental obsession.

What a blessing! Also, where I had been selfish and dishonest were dis-

cussed and brought into my immediate awareness—this allowed me freedom to act on them as they would continue to arise throughout the rest of my life. I then learned that all these tools were to be used over and over again as I began living in the spirit of Step Ten; that these newly learned were to become a major ingredient in my forthcoming growth and Maintenance Steps, Ten, Eleven and Twelve. We learn tools in Steps Four through Nine—we use them in Step Ten!

In Step Three I asked God to relive me of the bondage of self, although I didn’t know what that was, but then I knew! This short Step Five period with my sponsor has allowed me a *permanent release*—not just *temporary relief*—from my that obsession to get “*boiled as an owl*” (p. 191).

Bob S. Richmond, IN

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rstonebraker212@comcast.net

IN MEMORIAM:

Margaret M Duffy, age 59 passed away on April 10 2019. Margaret was an active member of the fellowship for 30 years. Next month she would have had 31 years. Margaret was very proud of her sobriety and attended meeting regularly. She was a regular member of the noon meetings at the Milwaukee Central Office and her home group was Wednesday Night Women’s Big Book, at Martin Luther Church, 93rd and Bluemound Rd. Margaret will be missed by who knew and loved her. Rest in peace.

William (Bill) Anderson, age 78, passed away on April 5, 2019. Bill was a “Friend of Bill” for over 30 years. He was very active at all levels of the Area 75 Service Structure, Bill was the Past Area 75 New York Delegate, serving Panel 45. He was very active in meetings around the Milwaukee and Waukesha areas. Before his death he was living and attending meetings in Oconomowoc. We thank you, Bill, for your tireless service work and dedication to the fellowship. You will be missed by many. Rest in peace.

(“Freedom” Continued from page 1)

them.

Some people burn their Fourth Step inventories at this point. I wasn’t ready to burn mine. I figured I might need it some day.

But there was a particular event in my life that I wrote about in a book separate from the one I used for my Step work. This event was not something that was my fault. It was something that left me with a lot of pain and confusion and questions that could never be answered. When I had strong feelings about it, I would go back and write about them in this book. It was my secret book. I read a section from it when I did my Fifth Step.

As I thought about it, I realized I was ready to let this event go. I didn’t need the answers anymore. I could not know the truth. God knew and that was enough. So I decided to burn the book.

As it burned, I gave it to God and I was free from the hold it had over me. I thought about the rest of my written work. I was ready to let my resentments go. I decided to burn that portion of my inventory. As it burned, I thought about my part in the situations. I had done wrong. But wrong also had been done to me. It is difficult to explain, but whatever I owed, whatever was owed to me, I gave over to God. God is the keeper of the balance now, not me.

And then I thought about my list of fears. I doubt I will ever be free of fear, but I knew I was ready to stop living with its constant presence. I was ready to stop letting it rule my life, ready to let faith in God replace fear. I put those fears in the fire and gave them to God.

Next...relationships. By this time, I knew God had already forgiven me for the wrongs recorded on those pages. It was time to forgive myself and move forward. I set it on fire and gave it to God.

Next was my asset list. That had been the hardest part of my inventory. It had taken me over a year to see and believe that I had any assets at all. I could not burn that. Again, I might need it.

And then...the summary pages. This included a written list of my character defects. At first I thought I should hold on to this too. I might need to refer back to it. But then I realized I didn’t need a written list of what’s wrong with me. I want to focus on what’s right with me—the positive, not the negative. God knows what’s wrong with me and where I need to work. I set it on fire and gave it to God.

All the while I was burning the pages, I was talking to God, telling him all the things I was giving to him. As I watched the flames of the fire die down and fade away, there was a peace in my soul like I have never known before.

In the quiet, a thought came to me from somewhere else: Would you give all your bad to God and not give your good?

I saw the list of my assets lying there on the ground where I had set it aside. I picked up the list and looked at it once more. I knew that this part of me belonged to God as well. I set it on fire and I gave it to God.

-- Kathryn W.
Chancellor, Alaska

Reprinted w/permission
AA Grapevine, May 2019

Release from Fear

The Fifth Step was a giant step in her progress, taking her farther than she realized

I APPROACHED the Fifth Step reluctantly. It was like swallowing a bitter pill. I knew that it had to be done, that it was best for me. But I didn't know why.

My choice of another person with whom to take the Step would be quite different now, because I feel that I have become a better judge of maturity and mental sobriety. But the person I chose at that time was a dear friend, at least on a superficial level, and we seemed to have much in common. It is true that she made it quite easy for me.

Afterwards, I still didn't know why I had taken the Step. But I had *done* it! I felt terrific relief, knowing that it was behind me and that it was one Step I could say had been taken. It was finished, I thought.

Then the woman with whom I had taken the Fifth Step seemed to have a relapse. While she didn't drink, she became quite erratic and frantic. All I could see, not having much maturity, was that she was not as pleasant and nice as she had been. One day she threatened me, in a veiled way, with the knowledge she had acquired when

I took the Fifth Step with her. I could hardly believe it. My husband was present at the time, and all I had to do was glance at him to know that the threat wasn't in my imagination.

My first reaction was disbelief. Then a great sorrow and compassion flowed through me, that a human being could be so desperate for reassurance.

Only later did it occur to me that there was absolutely no fear within me because of what she knew about me or might possibly reveal. The mere fact of having taken the Step had washed away the hidden fear and the secret, exaggerated guilts I had lived with. I realized that simply by taking the Fifth Step my inability to see anything outside myself had been removed. I now was able to think in terms of another person.

Then I started to understand what this Step means: release from fear, in order that we may *begin*. For until this release from fear is effected we can't possibly find the freedom that is vital for progress in our new way of life. The Fifth Step isn't, after all, an ending. It is the beginning--of truth, of reality, of living in the present, rather than in the nightmarish past or frightening future.

-- J. V.
Malawi, Africa

Reprinted w/permission
AA Grapevine, Feb 1969

MEETING ROOMS

NEW DAY CLUB
11936 N. Port Washington
Mequon, (262) 241-4673
<http://www.newdayclub.net>

A.A. MEETING SCHEDULE

Sun.	8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic
Mon.	12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 7:00 p. Men's Gp 8:15 p. Men's Gp
Tue.	10:00 a. Topic 5:30 p. Big Book 7:00 p. Beginners Gp 8:00 p. Big Book Gp
Wed.	10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline
Thr.	10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting
Fri.	10:00 a. Topic Meeting 5:30 p. Step/Tradition 8:00 p.
Sat.	10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on 3rd Saturday of month only)

AL-ANON MEETINGS

Monday	6:30 p. Al-Anon
Tuesday	1:00 p. Al-Anon/ACOA
Thursday	7:00 p. Al-Anon

Contact club for info on other fellowships.

PASS IT ON CLUB
6229 W. Forest Home Ave
Milwaukee WI (414) 541-6923
passitonclub.com

A.A. MEETING SCHEDULE

Sun.	8:00 a. Sun. Wake Up 9:30 a. Reliance Open Disc. 11:00 a. Today's choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open Introductory AA 7:30 a. Comin' Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O 7:30 a. Big Book Study
Mon.	10:30 a. Pass It On 4:00 p. Happy Hr Promises 5:30 p. Courage to Change 7:00 p. We, Us & Ours 7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 6:00 p. How It Works Disc. 7:00 p. Gateway Topic Gp 7:30 a. Honesty Gp.
Tue.	10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow
Wed.	8:30 a. Early Bird 10:30 a. Happy Joyous Free 3:00 p. Twelve Promises 3:00 p. How It Works Big
Thu.	11:00 a. (Alateen) 7:00 p. Fri. 7:30 p. 7:00 p. Sat. 10:30 a.

AL-ANON MEETINGS

Sun.	8:00 p. Spanish Speaking 8:00 p. Back to Basics 12x12
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LAKE AREA CLUB
N60 W 35878 Lake Dr
Oconomowoc, WI
(262) 567-9912
www.lakeareaclub.com

A.A. MEETING SCHEDULE

Sun.	8:00 a. Early Bird 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday
Mon.	9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Stdy
Tue.	1:00 p. 4:00 p. 7:00 p. Life House
Wed.	8:00 a. 10:00 a. Back To Basics 1:00 p. Women's Meeting 6:00 p. 8:00 p.
Thr.	10:00 a. 4:00 p. 6:00 p. Women's Group 8:00 p. Grapevine Mtng
Fri.	12:30 p. 4:00 p. 6:00 p. Non-smoking 8:00 p. Old School House
Sat.	8:30 a. 11th Step 10:00 a. Big Book 5:30 p. Perfect Time B/B

AL-ANON MEETINGS

Mon.	7:00 p. Al-Anon
Tue.	9:00 a. Al-Anon
Wed.	7:00 p. Al-Anon

OPEN SPEAKER MEETING

Sat.	7:00 p. 2 nd & 4 th Saturdays (AA and/or Al-Anon Speakers)
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WAUKESHA ALANO CLUB
318 W. Broadway
Waukesha, WI
(262) 549-6541

A.A. MEETING SCHEDULE

Sun.	9:30 a. Sun Morn Sunlite 11:00 a. Sun Go-To-Mtng (Open speaker 2nd Sunday & Breakfast) 7:00 p. (Open Step Gp)
Mon.	12:00 Noon 6:00 p. Beginners AA 7:00 p. (12 & 12)
Tue.	12:00 Noon
Wed.	12:00 Noon 5:30 p. Topic Gp
Thr.	12:00 Noon
Fri.	12:00 Noon T.G.I.F. Gp 7:00 Topic Discussion
Sat.	10:00 a. Gp 124 7:00 p. Closed Meeting

OPEN MEETINGS, DANCES & EVENTS
Call for information.

GALANO CLUB
- LGBT & All in Recovery -
7210 W Greenfield Ave
Suite 1, Lower Level
Milwaukee, WI 53214
(414) 276-6936
<http://www.galanoclub.org/>
galanoclub@gmail.com

MEETING SCHEDULE

Sun.	10:30 a. Step Topic
Mon.	7:30 p. Came To Believe
Tue.	6:00 p. 40 + Topic
Wed.	7:00 p. 12 x 12
Thurs.	7:30 p. Living Sober - ODAT
Fri.	7:00 p. Step/Topic
Sat.	7:30 p. Big Book & More

AL-ANON MEETINGS

Sun.	10:30 a. Al-anon
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Meeting Space Available
See website for Club Events.
www.galanoclub.org

NORTHWEST ALANO CLUB*
N88 W17658 Christman Rd
Menomonee Falls WI
53051 (No Phone)

A.A. MEETING SCHEDULE

Sun.	7:00 p.
Mon.	7:00 p. Just Do It Gp 8:00 p. Action Gp
Tue.	10:00 a. Step 8:00 p. Topic
Wed.	7:30 p. Step/Topic
Thr.	10:00 a. Step 6:00 p. Women's
Fri.	8:00 p. Step/Topic
Sat.	10:00 a. Step 7:00 p. Simply Sober Gp

AL-ANON MEETINGS

Wed.	7:00 p. Al-Anon
Fri.	7:30 p. Al-Anon

*This Club is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.

MEETING ROOMS

WALWORTH COUNTY ALANO CLUB
611 Walworth St.
(Hwy. 50 & 11)
Delavan, WI 53115,
(262) 740-1888

Sunday AA
10:00 a. Primitive Group
12:00 Noon Open Speakers
6:30 p. Delavan Discussion

Monday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Step Meeting
6:30 p. Former Miss Americas
(Women's Step Group)
6:30 p. Delavan Men's Meeting

Tuesday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan 12 Step Topic

Wednesday AA
7:30 a. Sunny Side Up
12:00 Noon As Bill Sees It Gp.
6:30 p. Delavan IT Meeting

Thursday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
5:30 p. Step Sisters Women
6:30 p. Delavan Big Book Gp.

Friday AA
7:30 a. Sunny Side Up
12:00 Noon Big Book Study
6:30 p. Delavan Discussion

Saturday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan Beginners Gp.

ALANO CLUB 1521 N. Prospect
Ave., Milwaukee, WI, 53202
(414) 278-9102
<http://www.alanofoundation.com>

A.A. MEETING SCHEDULE

Sun. 10:00 a. Gp 17 Step
1:00 p. Refuge Recovery
4:30 p. Life Savers

Mon. 7:00 a. Early Morning
10:30 a. Gp 72 Topic
12:15 p. Big Book Meeting
6:30 p. Gp 40 Big Book

Tue. 7:00 a. As Bill Sees It,
10:30 a. Gp 70 Step
12:15 p. Gp 76
7:00 p. Beginners, 1st Step

Wed. 7:00 a. AA
10:30 a. Gp 9, Step
12:15 p. Oasis Topic Gp
6:00 p. Chicks at Six Gp
7:30 p. Yoga AA

Thr. 6:00 a. AA
7:00 a. Big Book Meeting
10:30 a. Gp 97, Step
12:15 p. Here & Now Gp
7:00 p. Sober and Out

Fri. 7:00 a. Daily Reflections
10:30 a. Gp 21, Step
12:15 p. Gp 65
6:30 p. Here & Now
11:59 p. Second Shifters (Sat.)

Sat. 11:00 a. Gp 87 Step
3:00 p. Spiritual Growth
7:30 p. Open Speaker
9:00 p. Here and Now

AL-ANON MEETING
Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB
8930 W. National Ave,
West Allis, (414) 543-2448
<http://howtoclub.info/>

M, W, F, Sat. 9 a. -11 p,
Tue Thr 9a. - 9p., Sun 8a to 9p.

Sun. 8:00 a. Eye Opener AA Gp.
10:00 a. Grass Roots (Steps)
4:30 p. Drop the Rock 6/7 Step
6:00 p. AA Topic Group
8:00 p. Sun. Sober & Serene

Mon. 11:00 a. Winner's Circle
5:45 p. Gp 132, Women's Gp
7:00 p. Big Book Gp.
8:00 p. New Hope Gp.
11:15 p. What's The Point

Tue. 11:00 a. Willingness Group
6:00 p. Tuesday Non-Smoke
7:00 p. Deaf/Hearing Impaired
8:00 p. 12 & 12 AA Meeting

Wed. 10:00 a. Foundations Meeting
6:00 p. AA Beginners Gp.
7:00 p. Women's Freedom
8:00 p. Promises Group
11:15 p. After Hours Gp.

Thr. 10:00 a. But For Grace Of God
6:00 p. 6 PM Here and Now
8:00 p. How To Get It Going

Fri. 11:00 a. Priority Group
6:00 p. Big Book Group
8:00 p. R.U.S. For Us
11:15 p. Candlelight Promises

Sat. 9:15 a. Men's Topic
11:00 a. Pioneers Group
6:00 p. 1st & 12 Topic
*8:00 p. HOW To Saturday
*(Open meeting on 3rd Saturday)

24 HOUR CLUB
153 Green Bay Rd.
Thiensville, WI

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
10:00 a. Step/Topic
5:00 p. Step

Mon. 6:30 a. Topic
10:00 a. Topic
8:00 p. Men's

Tue. 6:30 a. Topic
10:00 a. Step/Topic
5:30 p. Big Book

Wed. 6:30 a. Topic
10:00 a. Big Book
5:15 p. Women's

Thr. 6:30 a. Topic
10:00 a. Topic
5:30 p. Step/Topic/Trad
8:00 p. Men's 12 & 12

Fri. 6:30 a. Topic
10:00 a. Step/12 & 12
5:30 p. Principles
8:00 p. Step

Sat. 6:30 a. Topic
8:30 a. Big Book/Steps
10:00 a. Big Book

8:00 p. Open Speaker Mtng.
(1st Saturday Only)

UNITY CLUB
1715 Creek Rd.
West Bend, (262) 338-3500
unityclub1715@att.net

AA MEETING SCHEDULE

Sun. 10:30 a.** Gratitude Gp.
8:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M.
7:00 p. Men's
7:00 p. Women's

Tue. 10:00 a. Tuesday A.M.
6:00 p. 1st 164 Big Book
7:30 p. Beginner's
8:00 p. Step Gp

Wed. 10:00 a. Promises
1:00 p. Steps/Promises
8:15 p. Step Gp

Thr. 10:00 a. Big Book
7:00 p. EZ Dozen12x12

Fri. 10:00 a. Step/Topic Gp
8:00 p. * Step Gp.

Sat. 10:00 a. Here & Now
7:00 p. Big Book

AL-ANON & ALATEEN MTNGS

Saturday 9:00 a. Al-Anon
Thursday 7:15 p. Al-Anon

* Open Mtng. Last Friday of month
** Open Mtng. 3rd Sunday of month
(10:30 a.m.)

FRIENDSHIP CLUB

2245 W. Fond du Lac
Milwaukee, WI
414. 931.7033

Email: friendshipinc@sbcglobal.net

MEETING SCHEDULE

Sunday
10:00 a. Friendship
11:00 a. Third Sunday
Open Meeting

Monday
10:30 a. Step Gp

Tuesday
7:00 p. Gp 43 Big
Book

Saturday
10:30 a. Gp 112 Step

**Call for information
on other types
of meetings.**

Email: friendshipinc@sbcglobal.net

MEETING ROOMS

12 STEP CLUB

4102 W Townsend St.
Milwaukee, WI 53216
(414) 871-0610

A.A. MEETING SCHEDULE

Wed. 11:00 a. Gp. 27

Fri. 11:00 a. Gp. 61
(12x12)

Sat. 10:00 a. Beginner's
7:00 p. Gp 6

**CALL THE CLUB FOR
INFORMATION ON
OPEN A.A. MEETINGS,
MEETINGS FOR OTHER
FELLOWSHIPS and
SPECIAL EVENTS.**

**Greater Milwaukee
Central Office**

7429 W Greenfield
West Allis WI 53214,
414-771-9119

aamilwaukee.com

A.A. MEETINGS

Mon. 12:15 p
4:00 p

Tue. 2:15 p
4:00 p

Wed. 12:15 p
4:00 p

Thur. 12:15 p
4:00 p

Fri. 12:15 p
4:00 p

Sat. 9:15 a. - Newcomer
10:30 a

**We do not meet on
major holidays.**

**LIGHTHOUSE ON
DEWEY**

1220 Dewey Ave.
Wauwatosa WI
AA MEETINGS

Sunday

6:00 p. Jim's First Step
7:30 p. Gp 78

Tuesday

6:00 p. 11th Step
Meditation Practice

7:30 p. Professionals

Wednesday

7:30 p. Big Book
8:00 p. "RES-IPSA"

Thursday

7:30 p. Alumni No 12

Friday

7:15 p. Gp 74

Saturday

10:00 a. Gp 59
7:00 p. Big Book Top-
ic

Directory Changes

NEW MEETINGS

Sunday at 9:30 a.m., Hitting the Books, Lake Area Club, N60W35878 Lake Dr. Oconomowoc.

Sunday 6 p.m. 11th Step Prayer/Meditation, Rooted In Mindfulness Center, 4040 N Calhoun Rd Brookfield WI

Mondays 7:30 p.m. First Unitarian Society, 1342 N Astor St. Milwaukee, "We Agnostics".

Tuesdays at 6pm, Dry Hootch, 4801 W National Ave Milwaukee WI 53214

Tuesdays at 7:00 p.m. Lake Park Lutheran, 2647 N Stowell Ave, Milwaukee 53211

Wednesday at 7:30 p.m. New Leaf Sober Living, 6401 W Oconto Place, West Allis WI 53219

Thursday 6:30 p.m., Aurora Hospital, 975 Port Washington Rd., Grafton WI 53024

The "Clubs" and "Rooms" listed here are not A.A. Clubs. A.A. DOES NOT HAVE CLUBS! A.A. neither endorses nor opposes such clubs. These are social clubs established by groups or individuals who are themselves recovering alcoholics. The A.A. group meeting at the club is available to any alcoholic - club member or not. The group is separate from the club and pays a fair rent for the use of the club facilities. Even though the group meets in a club that may be composed exclusively of A.A. members, and many members of the group may be club members, too, the relationship of the A.A. group itself to the club should be the same as it would be to a church, hospital, school, etc., in which it might rent space for its meetings.

Friday at 7:00 p.m., Brentwood Church of Christ, 6425 N 60 St Milwaukee. WI 53223

Friday at 7:00 p.m. NCIC Church, 2328 W Capitol Dr, Milwaukee WI. (open speaker on 2nd Fridays)

Saturday 7:30 p.m. 7210 W Greenfield Ave, West Allis 53214

DISBANDED GROUPS

United We Stand, Tuesday 8pm, met at Wauwatosa Congregational Church, 1511 Church St, Wauwatosa 53213

OTHER CHANGES

11th Step Candlelight, previously at "Hummingbird Center" **NOW meets at Lutheran Church of Great Spirit, 3127 S Howell Ave, Mondays at 6:30 p.**

Shorewood Gp at Kingo Church 8 pm Tuesdays **MOVED** to Christ Church, 5655 N Lake Dr Whitefish Bay still Tue at 8 pm.

Impaired Professionals Tuesday 7:30 p. formerly at Roger's West Allis, **NOW** meets at **Holy Trinity, 11709 W Cleveland Ave**, West Allis Tues. at 7:30 p.

Tues Meeting for Deaf and Hard of Hearing, moved to HOW To Club 8930 W National Ave, and now starts at 7:00 p.m.

Tues Night Hales Corners Step/Topic, 12300 W Janesville Rd, Hales Corners...previously at 7pm. **NOW starts at 6:30 pm.**

Tuesdays, Elizabeth Ann Seton, 12700 W Howard Ave, New Berlin, formerly at 8:00 p.m. **NOW starts at 7:00 p.m.**

Gp 23, used to meet at 8pm. NOW meets at 7:30 pm. Wednesday at 74th and Lapham. West Allis.

Badger Gp. used to meet at 8pm. **NOW meets at 7:30 p.m. Thursdays in Brookfield.**

OPEN SPEAKER

Weekly & monthly speaker meetings

listed in December 2018 When & Where

aamilwaukee.com/directory.html

Sundays at 10 a. Milwaukee Gp. 933 E Center St, Milwaukee WI, 53212

Sundays at 6:30 p. VA Hospital 5000 W National Ave 3rd Floor Unit 3A

Every Friday 7:00 p. Christ the King, 1600 N Genesee Rd Delafield

1st Tuesdays at 7:30 p. First Congregational Church, 1111 N Chicago Ave So. Milwaukee

Wednesdays at 7:00 p. Salem United Methodist Church, 541 Hwy. 59, Waukesha

1st Saturday 8:00 p. 24 Hour Club Open Meeting, 153 Green Bay Rd, Thiensville.

1st Saturday at 7:00 p. Dist.12, Living Word Lutheran Church, 2240 Living Word Ln., Jackson WI 53037

2nd Saturday at 7:00 p. Dist. 34, St. Francis Episcopal Church, N84 W16525 Menomonee Ave, Menomonee Falls, WI

2nd Sunday at 11:00 a. Alano Club 318 W. Broadway, Waukesha,

3rd Sunday at 11:00 a. Friendship Club 2245 W. Fond du Lac Ave. Milwaukee , WI

3rd Saturday 8:00 p. HOW To Club 8930 W. National Ave, West Allis

3rd Saturday 8:00 p. New Day Club 11936 N. Port Washington Rd, Mequon,

5th Saturday 3:00 p. How To Club, 8930 W National Ave, West Allis

4th Friday 8:00 p. Imago Dei Church, 2327 N. 52nd St., Milwaukee 53210

Last Wednesday 7:30 p. Gp 23 First Lutheran Church, 7400 W Lapham St, West Allis

Saturdays 7:30 p. Alano Club 1521 N. Prospect, Milwaukee.

Contact the Central Office via email: gmco@aamilwaukee.com, with changes.

ASL Interpreter Available: Meeting for Deaf and Hard of Hearing, Tuesdays 7:00 P.M., H.O.W To Club, 8930 W National Ave. West Allis WI 53227

SERVICE MANUAL STUDY
Meets 2nd Thursday at 6:00 p.m.
Milwaukee 7429 W National Ave.
Find or Meet at A Service open to any currently active work, or not.
Lancy H at 414-801- with questions.

Will not meet in January, February or March 2019. Also, May will meet on 3rd Thursday

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- GRUPO 5 CONCEPTOS, Pass It On Club, 6229 W. Forest Home Av, Milw, on Saturday at 8:00 p.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Wauwatown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

2019 Weekend Retreats Jesuit Retreat House, 4800 Fahrwald Rd. Oshkosh, WI 54901, call 800-962-7330 jesuitretreathouse.org

Men and Women members of AA, Al-Anon

Total cost: 4 days \$390.00. Send a \$50.00 deposit with requests for specific dates to retreat house or call for info.

Men: May 2-5, Dec. 5-8, 2019

Women: May 9-12, Aug. 22-25, Nov. 14-17, Nov. 21-24, 2019

Redemptorist Retreat Center, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org Please call for reservations. AA and Al-Anon, \$250 three nights. **May 17-19 2019.** We discuss the 12 steps and related topics.

MILW. CENTRAL OFFICE

- **E-mail us at:** gmco@aamilwaukee.com
- **Hours: M, W, Th, Fr** 9 a.m. to 5 p.m. **Tuesday** 9 a.m. to 6 p.m., (until 7:30 p. on 2nd Tues. each month) **Sat.** 9 a.m. - 1p.m.
- **G.S.R. Orientation,** 2nd Tuesday 6:30 p., call first.
- **Secretary Meeting,** 2nd Tuesday 7:00 p.
- **Board of Directors Meeting,** Wed. following Secretaries Meeting, (odd numbered months) 6:30 p.
- **A. A. Meetings,** Mon - Fri at 12:15 p. & 4:00 p., Sat. 9:15 a., & 10:30 a.
- **Service Manual Study:** 2nd Thurs. of month at 6 p.m.
- **Dist. 14,** 4th Wed. at 7 p.m.
- **Dist. 16,** 1st Wed. at 7 p.m.
- www.aamilwaukee.com

Save the Date

October 18th-20th 2019

East Central Regional & Area 75 2019 Conference

Crowne Plaza
Milwaukee
Airport
6401 S 13th
Street



Any questions or concerns
feel free to contact
Nancy H. 414-801-5184
nanch268@gmail.com

Monthly Central Office/ Intergroup Meeting!

Milwaukee Central Office
7429 W Greenfield Ave
West Allis, WI 53214

Second Tuesday of Every
month, at 7:00 P.M. ALL
group Secretaries are en-
couraged to attend.

There is a New GSR orien-
tation, at 6:30 P.M., call
to give us a "heads up" if
you are a new GSR, and
want to attend the orienta-
tion. 414-771-9119.



Founders' Day Herald

84th Anniversary of Alcoholics Anonymous
June 7, 8, & 9, 2019 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.
Discussion of One Step Per Hour
Chaired by: Jeff C.

A.A. Early Bird Meeting* • 3:00 p.m.
Chad S. - Akron, OH
"A Quiet Mind and A Loving Heart"
Chaired by: Aaron K.

Actors Guild Play • 5:00 p.m. & 8:00 p.m.
"A Song and a Coffee Pot"

A.A. Speaker Meeting* • 7:00 p.m.
Jennifer K. - Plano, TX
"Everything Is Bigger In Texas"
Chaired by: Woody W.

Serenity Singers • 8:30 p.m. - 9:00 p.m.
Olin Hall

NEW MEETING!
A.A. Speaker Meeting* • 9:00 p.m.
Denny S. - Woodlands, CA
"Together Our Lives Come Full Circle"
Chaired by: Tom O.

Junta en Español • 9:00 p.m. - 11:00 p.m.
"Los Jóvenes en AA" Crispin O., Morristown, TN
"Experiencia, Fortaleza y Esperanza"
Mauricio R., Alcoa, TN
"La Viña, nuestra reunión impresa"
Raymundo L., San José, CA

A.A. Alkathon • 11:00 p.m. - 2:30 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites
9:00 a.m. - 4:00 p.m.
2 buses continuously - Bierce Circle

A.A. Archives
Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.
Gail L. & Harmon V.
"Why It Works"
Chaired by: Tom O.

Taller Internacional de La Viña
11:00 a.m. - 1:00 p.m.
Coordinador: Ana L., San José, CA
Expositores: Arturo A. y Juan T., San José, CA

A.A. Old Timers' Panel* • 10:30 a.m.
Topic: "Early In Sobriety"
Debbie D. - Concord, CA
Tommy M. - Largo, FL
Tom H. - Cuyahoga Falls, OH
Chaired by: Tom O.

Actors Guild Play • 12:00 p.m. & 2:30 p.m.
"A Song and a Coffee Pot"

NEW TIME, DAY & LOCATION!
A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.
Dain and Rhonda J. - Rocky Hill, CT
"Honesty, Purity, Unselfishness and Love"
E.J. Thomas Hall
Chaired by: Cathy C.

A.A. Speaker Meeting* • 2:00 p.m.
Chris S. - Bedminster, NJ
"Your Job Now Is To Be In A Place Where You
May Be Of Maximum Usefulness To Others"
Chaired by: Jeff C.

The History of Our Big Book • 4:00 p.m.
Presented by: Gail L. - The Villages, FL
Chaired by: Aaron K.

A.A. Speaker Meeting* • 8:00 p.m.
Tim H. - Louisville, KY
"I Lied My Whole Life, When The Truth
Was Good Enough"
UA Infocision Stadium**
Chaired by: Scott T.

****Stadium Weather Contingency Plan
for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!
10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*
7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Speaker: Harmon V.
Chaired by: Woody W.

A.A. Spiritual Panel Meeting • 9:00 a.m.
Topic: "God As I Understand Him"
Chaired by: Jeff C.

A.A. Closing Speaker Meeting*
10:30 a.m.
Don L. - Bellingham, WA
"I Found That Change Was Impossible
Without First Being Wrong About Something,
I Learned To Embrace The Power Of Being Wrong"
Chaired by: Joyce B.

AL-ANON

FRIDAY ACTIVITIES
Al-Anon Panel • 9:00 a.m. - 1:00 p.m.
Concepts
Chaired by: Irena H.

Marathon Al-Anon Meeting
2:00 p.m. - 8:00 p.m.
Come Share Your Experience, Strength and
Hope!
Chaired by: Amber M. and Dan C.

AL-ANON

SATURDAY ACTIVITIES

Al-Anon Sponsorship Panel • 9:30 a.m.
Pat A., Cheryl B., Julie C.
Chaired by: Dan C.

NEW TIME, DAY & LOCATION!
A.A. & Al-Anon Speaker Meeting* • 12:00 p.m.
Dain and Rhonda J. - Rocky Hill, CT
"Honesty, Purity, Unselfishness and Love"
E.J. Thomas Hall
Chaired by: Cathy C.

Al-Anon Band • 2:00 p.m.
12 Songs Of Recovery
The 12 Steppers - Columbus, OH
Chris M. - Piano, Vocals
Tony J. - Mandolin, Flute
Mike S. - Drums
TL V. - Bass Guitar
Intro by: Cathy C.

Alateen • 3:30 p.m.
Chaired by: Wendy Y.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!
Friday 8:00 a.m. - 10:00 p.m.
Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by
6:00 p.m. Saturday - **NO EXCEPTIONS!**
Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room
Student Union

A.A. Literature Sales
Friday 8:00 a.m. - 8:00 p.m.
Saturday 8:00 a.m. - 5:00 p.m.
CREDIT CARDS ACCEPTED!

* A.S.L. INTERPRETER

**NO BASIC REGISTRATION REFUND.
\$30.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.
Name badges & ribbons **must** be worn for admittance to all meetings - **NO EXCEPTIONS!**

Founders' Day 2019 Registration Form | online at www.akronaa.org

Everyone must be registered, including children. All registrations must be postmarked by May 15, 2019. NO EXCEPTIONS!

Name (please print clearly) _____

Address _____ Phone (____) _____

City _____ State _____ Zip _____

E-mail address* _____

* If you provide an e-mail address, you will get confirmation via e-mail only!

- Check for special needs - handicapped. Handicapped parking will be strictly enforced.
- Hearing Impaired- ASL Interpreter Requested

All beds are at a fixed height of 42 inches. The University of Akron **CANNOT** adjust bed height.

INDIVIDUAL FORMS REQUIRED FOR EACH PACKAGE PLAN

Registration closes at 6:00 pm Saturday, NO EXCEPTIONS!

Registration \$25 x QTY = \$ _____ TOTAL

(Registration will be \$30 on site conference weekend)

MUST have a picture I.D. for pickup.

Package Plan A \$200 = \$ ONE ONLY

Sex: M F O

Includes admission to all meetings, meals, room, registration and bus tour. Report directly to designated dormitory to pick up weekend package and room key. You must have a picture I.D. to pick up your reservation package. All rooms and buildings at the university are non-smoking.

Package Plan B \$150 = \$ ONE ONLY

Sex: M F O

Includes all items in Package Plan A **except** meals.

Rooming with: _____

MEALS		QTY	TOTAL
SATURDAY	Breakfast	\$13 x _____ = \$ _____	
	Lunch	\$18 x _____ = \$ _____	
	Dinner	\$24 x _____ = \$ _____	
SUNDAY	Breakfast	\$13 x _____ = \$ _____	
SPECIAL DIETARY NEEDS — <input type="radio"/> Diabetic <input type="radio"/> Vegan <input type="radio"/> Vegetarian <input type="radio"/> Gluten-Free			
MOTORHOME SITE FEES		QTY	TOTAL

NO TENT CAMPING! RV Site Tag \$40 x _____ = \$ _____
(no hook-ups available) per site/whole weekend

Each RV must have a **Site Tag** to set up.

ABSOLUTELY NO PETS OR FIRES!

REGISTRATION TOTAL \$ _____

PAYMENTS MUST BE IN U.S. DOLLARS ONLY. MAKE CHECKS / MONEY ORDERS PAYABLE TO:

Akron Intergroup
PO Box 12
Akron, OH 44309-0012

REFUNDS requested in writing only by mail or email and postmarked / received prior to June 1, 2019. treasurerfid@akronaa.org

PAYMENT METHODS FOR MAIL IN REGISTRATION:

CHECK MONEY ORDER

All Credit Card payments must be made online at www.akronaa.org. Click on the Founders' Day link and follow the instructions.

NO REFUNDS FOR BASIC REGISTRATION.
\$30.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!

Central Office Contributions - March 2019 83 Groups Contributed THANK YOU

Group Name	Gp ID#	Amount	Group Name	Gp ID#	Amount
#005 Sare & Sober	121713	42.20	Mayfair Ladies Men & Ft	114355	100.00
#010 Sun Gp	121642	40.00	Memmore Falls Sun,	128237	50.71
#015 TAL Gp	137297	50.00	Mequon Young Person Gp 5p.m	687080	300.00
#042 Spiritual Growth	674273	55.89	Mon Independence	MILL-MH	93.80
#048 Gp	114316	40.00	Mon Night Action	139022	681.31
#051 Sicker Than Most	114317	50.00	Mon Night Fox River	689144	100.00
#054 Humilis	138055	25.00	Mon Night How It Works	710311	173.00
#077 Early Risers	117194	60.00	Mon Night Procrastinators	OZK-M	117.50
#134 Serenity Seekers	119028	10.00	Oak Creek Fri	114112	100.00
#171 Step Meditation Practice	131081	100.00	Oak From Under	665771	100.00
11th Step Open AA Meeting	715492	35.75	Participation Open Meeting	118724	159.00
Any Length Gp	WWK-A6	60.00	Reality Gp	144329	75.41
Big Book and 12 Steps Gp	677457	50.00	Sacred Heart Franklin	135002	60.00
Cross Roads Gp	715113	65.00	Sat Morn Gp 10a.m.	139045	74.40
District 16	119518	20.00	Seeds of Recovery/Steps	MILL-MM	37.36
Early Bird	613662	60.00	Sober Living Big Book Study	MILL-V4	25.00
Early Bird Rogers Memorial	624742	60.00	Sober Sisters, VA Medical Center	MILL-A2	60.00
Early Bird Sun Lake Area Club	132470	80.40	Sun Morning Wake Up	617655	60.00
Elkhorn Third & Eleventh Step	627071	245.00	Sun Night Big Book	157180	60.00
Fabulous 44	158188	50.00	Terrific Tue Big Book	166339	150.00
Father Mac's Family Open Steps	128465	240.00	TGIF /Memmore Falls	131860	79.80
First 164 Big Book, Unity Church	719600	60.00	Thank God It's Mon (TGIM)	720790	50.00
First Step	635840	60.00	The First 194	MILL-T9	75.50
Fri Night Young Peoples Big Book	170973	99.20	The Promises Gp Ft. Atkinson	136968	124.00
Fri Noon 12 & 12	MILL-FB	122.59	Thinking Outside the Bottle	719333	60.00
Friendship Gp, Lake Area Club	126753	50.45	Thoughts 4 Today Gp	654047	60.00
Get A Life	MILL-WM1	34.62	Thr Simply Sober	714365	50.00
Grapevine Troic Fri 4p.m.	MILL-FM	19.00	Today's Choices Gp	MILL-RB	111.00
Happy Hour Step, Pass It On Club	653359	69.00	Traditions 101	614204	50.00
Hartford Wed Night Step/Troic	140516	50.00	Tue Night Mkwonago	MILL-TM	50.00
How It Works, Oak Creek	657036	50.00	Tue Nooners Waukesha	125398	204.13
How to Sat Night, How To Club	146644	30.00	Tue Reflections	123133	30.00
Into the Books	683007	87.05	Twelve and Twelve Sat Night	MILL-JH	97.00
Jump Start, Pass It On Club	WWK-W3	235.00	Twelve Promises Discussion	602235	60.00
Just Do It, Northwest Alamo Club	684326	60.00	Waltham County Alamo Club	MILL-RM	33.83
Keep It Simple	174950	150.00	We Need Sanity Gp	697907	55.50
Keep It Simple Sunrise Wed,	611725	60.00	Wed Afternoon Happy Hour	643772	50.00
Key To Recovery Open Meeting	670420	138.11	Wed Noon Lunch Bunch	690831	147.00
Lost and Found Gp	MILL-S3	113.48	Written For Us	717555	50.00
Lost In the Woods, Women's	659564	75.00			
	JEF-W1	20.00			
			TOTAL	7,505.19	

All the groups listed in your When and Where should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

AA Conference @ the VA 2018 Annual Budget

Account Balances

Bank Account		
Conference Funds		\$221.72
Operations Accounts		
Bill W. & Lois W. Scholarship	\$380.00	
Prudent Reserve	\$500.00	
Operations Account-Total	\$880.00	
Bank Account -Total	\$1,101.72	
Income		
Conference Proceeds	\$1,503.00	
Bill W. & Lois W. Scholarship	\$0.00	
Income-Total	\$0.00	
Expenses		
Committee Chairs:		
A-Alton Chair	\$0.00	
Conference Chair	\$0.00	
Grapevine/Our Stories Chair	\$0.00	
Greeter Chair	\$0.00	
Hospitality Chair	\$430.54	
Program Chair	\$84.75	
Public Chair	\$0.00	
Registration (Digital) Chair	\$0.00	
Registration (Traditional) Chair	\$85.30	
Secretary Chair	\$0.00	
Treasurer Chair	\$24.27	
Area 75 Treatment Chair	\$0.00	
Conference Expenses:		
Chaplin Service at the VA	\$500.00	
Bill W. & Lois W. Scholarship	\$0.00	
VA Literature Fund (at Milw. Central Office)	\$240.73	
Dr. Berger's assistants	\$50.00	
Expenses -Total	\$1,415.59	
Total Income minus Expenses		\$87.41

For 11 years volunteers from our community have come together to bring our experience, strength and hope to veterans, their friends, family and our entire community through the AA Conference At The VA. Our conference started because of the pain and suffering of our co-founder's Tom M. and Sandy R. But they turned their pain into action, and created a sense of optimism and renewal through the AA Conference At the VA.

We are thankful for the VA Milwaukee hospital that we are able to bring this conference to Milwaukee in their facility. In 2018, we have had over 300 people attend the conference. Additionally, the money we bring in, we put right back into our recovery community. We hope you enjoy reading the numbers. But, please remember, for every number you read there is a person behind it. Someone that is better off because of what we do together.

We look forward to our 12th conference to be held on September 28, 2019, and we will celebrate our 12 STEPS - 12 TRADITIONS - 12 YEARS.

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

24th Annual Wisconsin/UP Michigan Corrections Conference

Hear How AA is Working in Correctional Facilities!

Sat. May 4, 2019
9am-3pm

Trinity Lutheran Church
1904 Winnebago St. | Madison, WI



Breakfast & lunch included!

Hosted by the Wisconsin/UP Michigan
Corrections Conference Committee

Contacts

Nancy G. (608) 843-2265
negusner@gmail.com

Ken G. (608) 843-2264
kwgusner@gmail.com

Julie G. (608) 434-7283
corrections@area75.org



Registration: \$10.00

This conference is self-supporting. Costs for this workshop are paid through registration & 7th tradition donations. Please consider a 7th tradition contribution in addition to the \$10 registration fee.

Pre-registration is encouraged for meal planning purposes. You may also pay & register at event.

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ email: _____

Make checks payable to WI-UP Corrections Conference
Send Registration Form & Check to: Nancy Gusner, 4204 Jerome St., Madison, WI 53716
One person per registration form please.

"BETWEEN-US"

To share, to strengthen, to deepen the Fellowship experience

published monthly by Greater Milwaukee Central Office, Inc., 7429 W. Greenfield Avenue, West Allis, WI 53214 (414)771-9119

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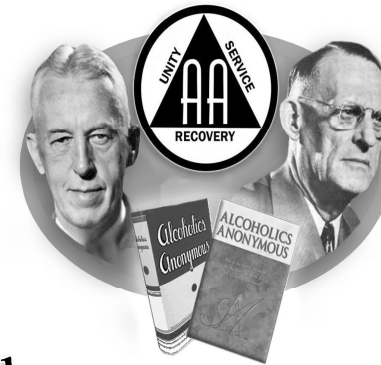
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GROUP SUBSCRIPTIONS: \$18.00 per year for 6 copies per month.
 Add \$9.00 for each additional 3 copies.

A subscription to the Between-Us would make a nice gift for someone who cannot afford an individual subscription. Or if your group does not have funds available an individual could subscribe in the group name (help carry the message).

Reading the Between-Us is a nice way to keep in touch with activities in the local community. Don't be left out. Subscribe Now.!

This form or facsimile should accompany your payment. Mail or return to:
 Milwaukee Central Office, 7429 W. Greenfield Ave., West Allis, WI 53214



43rd Annual Badger Intergroup

SATURDAY, JUNE 8, 2019

NEW LOCATION

Muellner Building at Hart Park
 7300 W Chestnut St. Wauwatosa, WI

NEW Speaker

Don M. from Louisville, KY

Tickets: \$20 each

(Limited seating. Early registration is strongly recommended.)

All sales final...no refunds
 Payments must be received by: **May 25**
 Tickets will NOT be sold at the door

5:30 social hour

6:30 dinner

8:00 speaker

Coffee & soda will be available

Purchase Tickets ONLINE at www.badgerintergroup.com

OR mail tear off section to: Kathy S. S66W32992 Road X Mukwonago, WI 53149
 checks payable to: Badger Intergroup

Name: _____ Phone: _____

Address: _____

of Tickets: _____ x \$20 each = Amount Enclosed: _____

Questions? (262) 225-3563